

Age Cymru Discussion on Age Discrimination in Wales

Are you an older person (aged 50+) willing to share your thoughts and experiences regarding age discrimination?

Join us for a friendly discussion where you can share your views on the challenges and issues faced by older people, explore ways to address ageism and help guide our work to improve the lives of older people across Wales.

During the event, we will:



Discuss personal experiences of age discrimination in Wales



Explore possible solutions to combat negative stereotypes and bias



Identify actions and initiatives that could help improve attitudes and policies affecting older people

- ✓ Refreshments throughout the day
- ✓ Buffet lunch provided
- ✓ Reasonable travel costs can be covered



4th November




11:00 AM – 3:00 PM



Cathays Park 2
(Welsh Government
Offices),
Cathays Park,
King Edward VII Avenue,
Cardiff, CF10 3NQ

If you would like to take part, please contact us by phone or email to secure your spot.

 02920 431548

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Spaces are limited, so get in touch soon